



## **FIVE SISTERS PROJECT**

Help, Healing & Hope for Women In Crisis

132 S Broadway

Wells, MN 56097

info.thebetterway@gmail.com

507-553-6207

## Ongoing Needs:

- Paper towels
- Toilet paper
- Kleenex
- Offices supplies
- Copy paper
- Postage
- Grocery or gas gift cards
- Pillows and pillow case
- Quilts
- Laundry baskets
- Trash bags
- Cleaning supplies. We prefer milder cleaners such as Seventh Generation or Method over harsher cleaners so it is safer for our clients and their children (laundry detergent, dish soap, dishwasher soap, sponges, all purpose cleaners, bathroom cleaners)

## Travel Size and Full Size Care Package:

- Shampoo, conditioner, and body wash
- Deodorant
- Hairbrush
- Toothbrush and toothpaste
- Floss and mouthwash (optional)
- Lotion
- Chap stick
- Notebook and pen
- Bible
- Children's body wash, toothbrush, and toothpaste (optional)